

Purpose :

To increase the number of new competitors in 3-event skiing by lowering the competition level.

Experience show that lots of skiers never start competing since :

- they claim not to be good enough
- they do not have the right ski's
- the club does not have a slalom course or a ramp
- nobody in the club competes

To change this and to bring more skiers to competitions one can start with "low level 3-event" competitions. To compete in these competitions, no advanced skiing skills, no special ski's are needed and on the water only a limited installation (buoys) is used.

These competitions should be seen as fun, safe, starting level competitions, to introduce athletes into 3-event water ski competitions. Rules for these competitions can be set based on the level of skiers, the equipment available and the installation on the water.

Hereby some examples :



Low level

3-event

Cableski

competitions

This brochure gives you some idea's on how to organise 'starting' level 3-event competitions on the cable.

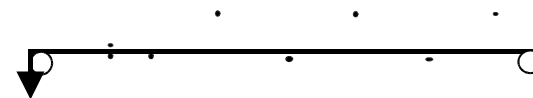
SLALOM

Install one line of buoys under the main running cable and let the skier have to slalom around them. The level can be made more difficult by placing the buoys closer to each other.

Allow any kind of ski, ski's, board, As the new competitor progresses he or she will find that a slalom ski is the more suitable ski and will start using this ski.



The next step can be to use part of the real slalom course. For this slalom, the slalom buoy's 1-3-5 are used together with middle line buoys 2-4-6. This kind of slalom comes close to the real slalom, which will then be the next. Again, allow any kind of ski.



Allow the public, some parents or friends to judge.

Make the rules clear and simple so that everybody can count and see who wins.

TRICKS

Organising a low level trick competition is the most easy.

Allow any kind of ski or board, the skier will soon find out that a board is more stable, but much slower and more difficult to turn.

Support 2 ski passes.

Allow one fall per pass, let the cable come around or just have a second rope on the next carrier.

Start at the corner or make the course where the public is.

Make one pass 20 sec or less depending on the level of the skiers.

Create extra tricks as there are :

- waving with one hand to the public
- lifting one ski / then the other ski
- skiers salute
- ...

To encourage skiers to learn a 180 or 360 turn, allow points for two times the same 180 and 3 times the same 360.

Keep it simple so that everybody can follow and judge the tricks.

JUMP

To organise a jump competition, a jump ramp is always needed.

The ramp does not have to be the large official jump ramp.

A bare-foot or wake board ramp, might be much more suitable to introduce skiers to jumping.

With a smaller ramp, skiers will not jump so far, but the chance of realising a jump successful will be much higher.

A smaller ramp, is also safer and there is no real need to use jumpski's. Allow skiers to participate on their wake board as well. If they get the feeling for it and enjoy it, they will ask themselves to switch to jump ski's.

Put buoys in the water to determine the distance. This is much more simple and will allow the public to determine who jump furthest and is the winner.